Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Are you Right or Left Brained?????**

1. Complete the following survey:
2. <http://www.intelliscript.net/test_area/questionnaire/questionnaire.cgi>
3. <http://homeworktips.about.com/library/brainquiz/bl_leftrightbrain_quiz.htm>
4. Fill in the table:

|  |  |
| --- | --- |
| FIRST LINK – A) | SECOND LINK – B) |
| Left Brained: \_\_\_\_\_\_\_  Right Brained: \_\_\_\_\_\_\_ | Copy and paste the paragraph of your results here: |

1. After you have completed the survey I would like you to write **at least** 5 sentences describing your brain hemisphere preference. The first sentence should include your score and brain strength (tell me the words to go with your score). The other 4 **or more** sentences should be a summary about the patterns that are strongest in your brain. Write about the strengths you can relate to the most. Then tell me about different ways you can study that will benefit you as a left-brained learner or right-brained learner. Use the information on the next three pages to help you complete the paragraph.

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Two Sides to Every Brain!**

The brain is divided into 2 sections 🡪 These 2 sections are called the right hemisphere and the left hemisphere. We all use both sides of our brains but everyone has a more dominant side 🡪 some of us use our right brain side more while others use their left brain more!

Right Brain Style

* Specializes in understanding the whole picture
* Alerts us to novelty (new or unique things)
* Tells us when someone is lying or making a joke
* Specializes in music, art, visual-spatial (making things) or visual-motor (doing things) activities
* Helps us form mental images when we read or talk
* Responsible for emotions and intuition
* Helps us form and maintain relationships
* Students will often choose to draw, act, design or create something
* Students will prefer to work in groups
* Students don’t have concerns about keeping the classroom quiet
* When given a task or assignment, you want to know why it’s important because you like the big picture.
* You don’t need to-do lists because you like to wing it.
* You would prefer modeling clay into pottery over Sudoku puzzles because it is more creative.
* When shopping for a new car, you would probably pick what looks best, rather than what drives best.
* When traveling, you like impulsive adventure: Why plan it all out and ruin it?
* Because you are visual, you prefer textbooks to lectures.
* You can remember a person’s face but not necessarily their name.
* Your study area/desk/bedroom is not necessarily organized but you find what you need…eventually.
* When trying a new computer program/video game, you install it and immediately begin experimenting with it.
* You aren’t always on time, even if you mean to be.

Left Brain Style

* Monitors our behavior
* Responsible for awareness of time, details, and order
* Responsible for auditory (hearing) and verbal (talking) expression
* Specializes in words, logic, analytical thinking (problem solving), reading, and writing
* Responsible for knowing right from wrong 🡪 helps us to understand boundaries
* Specializes in knowing rules and respecting deadlines
* Students will often choose to write or speak something
* Students will often prefer to work alone
* Students prefer a quiet classroom without a lot of distraction
* When given a task or assignment, you don’t always need to know why it’s important.
* You get a great deal of pleasure in creating to-do lists and checking each item off, as it is  accomplished.
* You would prefer Sudoku puzzles to getting messy with clay.
* When shopping for a new car, you would probably look at fuel efficiency and crash safety ratings over the looks of the car.
* When traveling, you like to have your schedule completely planned down to the last detail.
* Because you respond to verbal cues, you prefer lectures to textbooks.
* You are good at remembering names.
* Your study area/desk/bedroom is neatly organized with a place for everything. You do not spend a lot of time looking for things.
* When trying a new computer program/video game, you prefer to use the instruction manual.
* You are almost always on time or early for meetings and appointments.

**STUDY TIPS**

If you exhibited more **right-brain dominant traits**, you are a global thinker. Try the following study tips:

* Before you begin studying, get organized
* Work on developing time management skills
* Use spatial organizers (mind maps) when taking notes
* Draw diagrams/pictures
* Try visualizing the information presented in your notes
* Recite information (talk it out)
* Use mnemonics (change information into an acronym or short sentence to help you remember things)
* Use rhythmic activities (make songs out of your notes to remember them)
* Use movement (walk around while you’re studying)
* Listen to music while studying (as long as it is not distracting!)

If you exhibited more **left-brain dominant traits**, you are an analytical thinker. Try the following study tips:

* Make sure you attend class regularly
* Come to class prepared
* Read ahead in texts to recognize and identify organizational patterns
* Use memory devices
* Take detailed notes
* Practice/rehearse information on a routine basis
* Use specific study strategies, such as SQ3R (See handout on “Using SQ3R”) (this is a reading strategy when you “survey, question, read, recite, review” your reading selection)
* Writing out information by hand
* Turning the information into lists
* Using headings to break information into categories